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ABSTRACT

This book is a comprehensive month-by-month guide covering parents' questions about the first year with a new baby. It includes an illustrated baby care primer, a first-aid guide, and recipes. It also contains special sections on the older sibling, selecting the right physician, seasonal concerns and traveling with baby, managing childhood illnesses, nurturing the adopted baby, the low-birthweight infant, and the baby with specific problems. Part 1 contains 15 chapters: "Get Ready, Get Set"; "Buying for Baby"; "Your Newborn Baby"; and chapters 4 through 15, which cover the first 12 months of the child's life, respectively. Part 2 contains chapters: "A Baby for All Seasons"; "When Baby is Sick"; "First Aid Do's and Don'ts"; "The Low-Birthweight Baby"; "The Baby with Problems"; "The Adopted Baby"; "The First Postpartum Days"; "Surviving the First Six Weeks"; "Enjoying the First Year"; "Becoming a Father"; and "From Only Child to Older Child." Most of the 26 chapters contain the following sections: What You May Be Concerned About, What It's Important to Know, and What You Can Expect This Month. Part 3 is a ready reference that contains the following sections: Best-Odds Recipes for the First Year and Beyond, Common Home Remedies, Common Childhood Illnesses, Height and Weight Charts, and an index. (WJC)

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